

Ted Beimel, Pharmacist

Work Life: I've worked at Cascade on a part time basis for almost as long as Cascade has been in existence; over 20 years. I've been a pharmacist for many years and previously worked for the VA and for Student Health Services at U of M.

I like working at Cascade because it allows me to talk to a lot of nice people. I also enjoy the work environment; all of my coworkers are helpful and fun to work with.

This is a very interesting area of pharmacy practice because hemophilia treatment medications have evolved from just a few medications 20 years ago, to many more options today.

Personal: I like to spend my spare time biking and swimming, learning more about the environment, and carpentry. I've remodeled 8 houses in Ann Arbor and, outside of pharmacy work, enjoy it very much.

A photograph of a man, Ted Beimel, wearing a blue jacket and a black helmet, smiling while standing next to a bicycle outdoors. He is wearing a blue jacket with a black collar and a black helmet. He is standing next to a bicycle, and his hand is on the handlebar. The background shows a street with trees and a car.

Cascade... A Trusted Partner in Your Circle of Care

Mike

Adherence to your prophylaxis treatment plan is obviously important in limiting your breakthrough bleeding and other complications.

As with any medication, following the prescribed plan has been shown to improve outcomes. **Studies have shown that patients who closely follow their treatment plan have decreased numbers of breakthrough bleeds and lower pain scores than those who do not.** Data also shows patients who closely follow their regimen have fewer missed work/school days than those who do not.

Also, many insurance companies are becoming more interested in how closely their customers are following their prescriptions. They require us to gather specific information prior to shipping your order. That's why we are asking about the number of doses you have on hand and if you've had any recent bleeds.

Debbie Whelan, LMSW
Social Worker

Stephanie Raymond
Executive Director, Cascade

Keeping Your Factor Safely Stored

Because of its high cost, it is very important to store your clotting factor under the proper conditions. At Cascade we keep all the clotting factor in commercial refrigerators that have been further modified to maintain recommended storage conditions. Additionally, we have two systems that monitor the refrigerators (24 hours/day) and notify us if anything goes outside of the recommended temperatures.

Luckily for you, if your refrigerator is working properly, you already have the perfect place to store factor at home! For clarification, the official definition of refrigeration temperature is 36-46°F (2-8°C) and room temperature is generally considered up to 77°F (25°C).

Did you know that many clotting factor products can be stored at room temperature? For most products this decreases the “shelf-life” of the factor and it can only be stored at room temperature for a specific period of time. For those products you’ll usually see a spot on the box where you can write down the date you removed the factor from refrigeration to make sure you use it within the new, shortened, timeline.

On the chart to the right, we have compiled manufacturer information about how long products can be stored at room temperature. It is important to note that for most products, once the factor has come up to room temperature you should not place it back into the fridge. And keep in mind the room temperature date will never extend the product past the original expiration date on the box. You can’t cheat the system by taking factor out of the fridge the day before it expires and get 6 more months!



What in the World Is a Delivery Ticket?

When you open your FedEx box from Cascade, there is a very important piece of paper inside which outlines the prescriptions and supplies you have ordered. It’s called a “Delivery Ticket” and is very similar to the signature required at your local drug store. Because we aren’t seeing you in person, we require your signature by mail.

Why is This So Important?

- ✓ It is required by your insurance company; and,
- ✓ It’s proof to them we did actually send you an expensive drug (and not a 50 cent box of Band-Aids)

Please Return Your Delivery Tickets!

Thank you, in advance, for helping Cascade continue our high quality of care.

Factor Storage Guide

Product	Room Temperature Storage	Notes
Advate	6 months	Do not return to refrigeration
Adynovate	3 months	Do not return to refrigeration
Alprolix	6 months	Do not return to refrigeration
Bebulin	Nothing labeled	Some off label data allows 7 days
Benefix	Same as refrigerated	
Coagadex	Same as refrigerated	
Corifact	6 months	Do not return to refrigeration
Eloctate	6 months	Do not return to refrigeration
FEIBA	Same as refrigerated	
Helixate	12 months	Do not return to refrigeration
Hemlibra	7 days total	Can be returned to refrigeration
Humate	36 months	
Idelvion	Same as refrigerated	
Kogenate	12 months	Do not return to refrigeration
Kovaltry	12 months	Do not return to refrigeration
NovoEight	12 months	Do not return to refrigeration
NovoSeven	Same as refrigerated	
Nuwiq	3 months	Do not return to refrigeration
Recombinate	Same as refrigerated	
RiaStap	Same as refrigerated	
Stimate	Same as refrigerated	
Tretten	Nothing labeled	
Vonvendi	12 months	Do not return to refrigeration
Wilate	6 months	Do not return to refrigeration
XYNTHA	3 months	After room temperature storage, can be returned to the refrigerator until the expiration date. Do not store at room temperature & return it to the refrigerator more than once.

Disclaimer: The information above is current only at time of printing. Manufacturers may change storage information. Please read your product insert.

Cascade Mission Statement

To enhance the system of care for people with bleeding disorders and its related complications, including HIV and Hepatitis C disease, by assuring the lowest possible price for the full range of clotting factor concentrates, HIV related therapies and other medications available to treat their disease; to provide access to these medications for those who have inadequate insurance coverage; to support the comprehensive hemophilia treatment centers in treating and educating consumers and their families so they may become knowledgeable and proactive in managing their own care; to fund research to find a cure.

Mike Altese, Pharmacist, Pharmacy Director

Work Life: I started at Cascade in 2007. A few years earlier I had worked in research with former Cascade Pharmacy Manager, Heather Zientek. She was leaving Cascade to take a job out west and was nice enough to recommend me. I was able to fool them into hiring me.

I definitely enjoy the strong relationships within the bleeding disorder community.

Personal: I am a huge fan of University of Michigan Athletics. I am an avid runner, (3rd marathon later this spring – come cheer me on!) Hiking, particularly in Glacier National Park in Montana, is also a favorite of mine.



Devin Bromley, Pharmacy Technician I

Work Life: I’ve been with Cascade for almost 4 years. Previously, I worked for CVS retail store as a lead pharmacy technician. I love working in bleeding disorders because it is such a small community and you can tell how close everyone is with each other.

Personal: I spend a lot of my time swimming, mostly because I like the workout. I’m also a swim coach for the Ypsilanti Otters, a large group of kids, aged 5-17. Because of that, I’m at the pool on most days. In my free time, I love going out with my friends.



Jordan Burkey Billing Manager, Pharmacy Technician II

Work Life: I started with Cascade in July of 2016. I’d just left a retail chain but didn’t want to leave the pharmacy field. Working at Cascade is such a breath of fresh air because it feels like I have time to focus on what I need to do. The bleeding disorder community is also so close knit and supportive.

Personal: I’m a trivia team leader and go every Tuesday. We’ve gone to the semi-finals and finals twice. Other interests are, traveling with my husband, Craig, and watching crime documentaries.

